Thought for Today – Friday 20th March

Isaiah 41: 13

For I am the Lord your God
    who takes hold of your right hand
and says to you, Do not fear;
    I will help you.

In challenging times, it can be easy for us to feel that we need to cling on to God by our fingernails. But this verse gives us the great encouragement that we are ‘In his grip’. As our good, good Father, he takes hold of the hands of his children, and he won’t let go. I remember ice-skating with the girls once. I had both of them by the hand, and when they slipped, I lifted them so that they didn’t fall. I had very sore shoulders the next day! Our Father’s grip is immeasurably stronger! His is a love that will not let you go, even when we slip and our faith wavers. Jesus reiterates this in John 10: ‘My Father, who has given them to me, is greater than all; no one can snatch them out of my Father’s hand’ (v 29). That’s good news today! How the world needs the message of our good, good Father.

Lord, we thank you so much for the wonders of your love that will not let us go. What a gift, to be your children! In times of pain, or uncertainty, please remind us that we are in your grip. Help us to bring your hope and life to those around who as yet, do not know the truth of your love. We pray for our nation at a time when we are coming face to face with our vulnerability. We ask that people run to you at this time and know the joy and peace that you bring. Amen

With love

Sarah